PROCLAMATION

WHEREAS the use of illegal and prescription drugs and the abuse of alcohol and nicotine constitute the greatest threats to the well-being of America's children;

WHEREAS 14 years of surveys conducted by The National Center on Addiction and Substance Abuse (CASA) at Columbia University have consistently found that the more often children and teenagers eat dinner with their families the less likely they are to smoke, drink and use illegal drugs;

WHEREAS frequent family dining is associated with lower rates of teen smoking, drinking, illegal drug use and prescription drug abuse;

WHEREAS the correlation between frequent family dinners and reduced risk for teen substance abuse is well documented;

WHEREAS parents who are engaged in their children's lives – through such activities as frequent family dinners – are less likely to have children who abuse substances;

WHEREAS family dinners have long constituted a substantial pillar of family life in America:

NOW, THEREFORE, I, KENNY J EVANS, MAYOR OF THE TOWN OF PAYSON, ARIZONA, do hereby proclaim:

Fourth Monday of Every September

September 28, 2009

as

Family Day – A Day to Eat Dinner with Your Children

and urge all citizens to recognize and participate in its observance.

IN WITNESS WHEREOF, I have hereto set my hand and caused the Great Seal of the Town of Payson, Arizona to be affixed this 10th day of September, 2009

_____
Kenny J. Evans, Mayor

Attest:

_____
Silvia Smith, Town Clerk

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